

# Arts and Science

1977-78

Health Education (Community Nursing)

Concordia University Loyola Campus

Faculty of Arts and Science





**WE BELIEVE:**

- . that an educational institution should offer the individual an opportunity to obtain learning based on specific needs.
- . that the changing role of the nurse and the demands of a better informed society can best be served by offering comprehensive, well integrated educational programmes.
- . that course scheduling should be flexible and appropriate to the nurses' personal and work situations.
- . that experience be a major consideration in curriculum planning.
- . that university personnel are responsible for catalytic measures that stimulate adult learning.

TABLE OF CONTENTS

	<u>Page</u>
Table of Contents.....	2
Introduction to Community Nursing.....	
plus two options.....	3
Admission Requirements.....	4
Community Nursing - Conceptual Framework.....	5
Logo.....	6
Objectives of Community Nursing.....	7
Community Nursing Education Curriculum.....	8
Certificate in Community Nursing.....	9
Community Nursing Electives/Health Education Electives..	10
Course Descriptions.....	11 - 17
Certificate in Health Education.....	18
Purpose and Objectives.....	19
Knowledge and Skills.....	20
Admission Requirements/Pre-Registration.....	21
Certificate in Health Education Curriculum.....	22
Health Education Electives.....	23
Course Descriptions.....	24 - 29
Staff and Faculty.....	30
Personal Progress Record.....	31
Information and Inquiries.....	32

INTRODUCTION TO COMMUNITY NURSING

The following programme is designed to offer advanced education on a continuing basis to Registered Nurses in keeping with Concordia University's philosophy in the field of part-time education.

COMMUNITY NURSING OPTIONS

B.A. Specialization in Community Nursing 90 credits

Certificate in Community Nursing 45 credits



ADMISSION REQUIREMENTS:

Applicants must submit:

1. A current registration from the Order of Nurses of Quebec or proof of current registration in another Canadian province.

Students coming from outside of Canada must have their documents evaluated by the O.N.Q.

2. Evidence of at least ONE YEAR OF COMPREHENSIVE NURSING experience for ALL STUDENTS.

3. Supporting transcripts should be submitted to the Admissions Office with the admission form well in advance to facilitate registration.

PRE-REGISTRATION: Pre-registration is mandatory for:

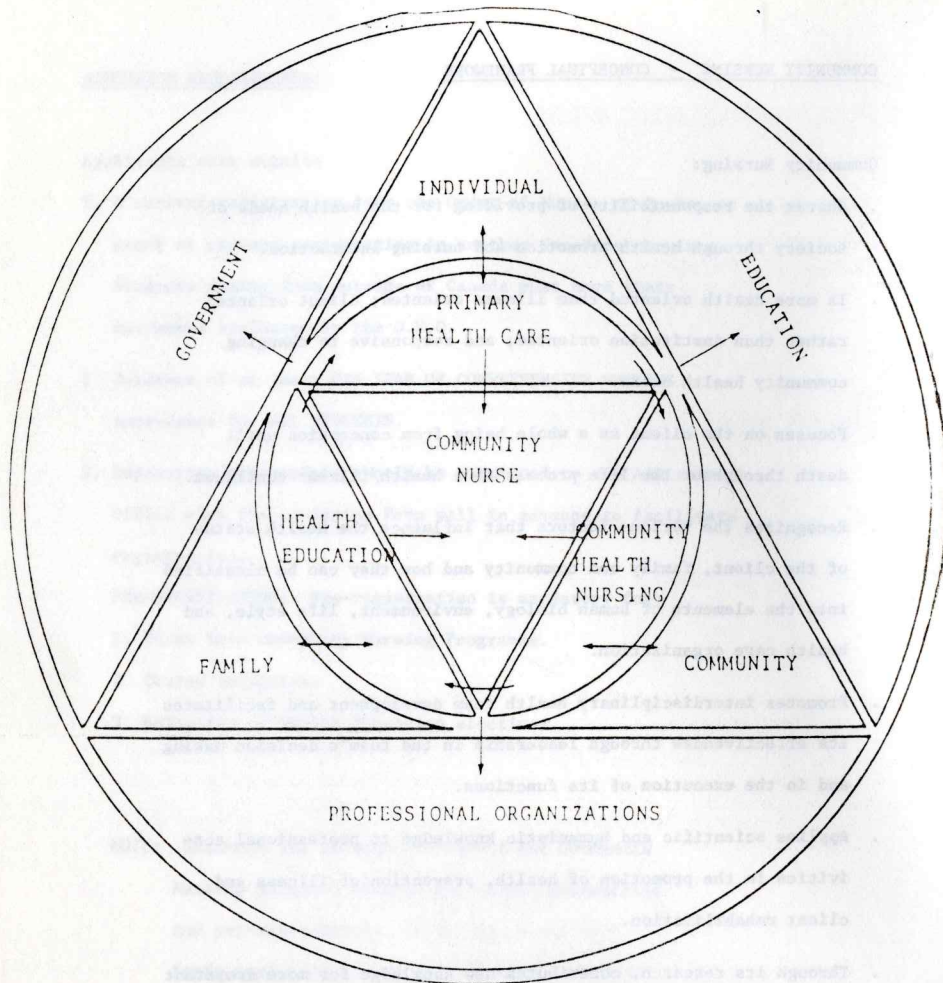
1. Entry into Community Nursing Programme.
2. Course selection.
3. Selection of Health Education electives.

NOTE: Students are obliged to contact the Community Nursing Academic Advisor for course counselling and pre-registration. (482-0320, Local 420)  
Early application assures placement in courses with limited registration.

COMMUNITY NURSING - CONCEPTUAL FRAMEWORK

Community Nursing:

- . Shares the responsibility of providing for the health needs of society through health promotion and nursing interaction.
- . Is more health oriented than illness oriented; client oriented rather than institution oriented; and responsive to changing community health needs.
- . Focuses on the client as a whole being from conception until death throughout the life process in a health/illness continuum.
- . Recognizes the various factors that influence the health status of the client, family and community and how they can be classified into the elements of human biology, environment, life style, and health care organization.
- . Promotes interdisciplinary health team development and facilitates its effectiveness through leadership in the team's decision making and in the execution of its functions.
- . Applies scientific and humanistic knowledge to professional activities in the promotion of health, prevention of illness and client rehabilitation.
- . Through its research, contributes new knowledge for more competent nursing intervention.



The "Community Nurse" is a generalist providing primary health care, a health educator oriented toward the well-being of the individual, the family and the community, and an essential member of a multi-disciplinary health team concerned with the quality of care given to society.

# OBJECTIVES OF COMMUNITY NURSING

To prepare a versatile health professional with academic preparation in the humanities, pure and applied sciences, able to apply the nursing process for enriching community health and development.

Such a professional would have the following responsibilities:

- . A practitioner in primary care able to:
  - assess the health status and health needs of the individual, the family and community.
  - function effectively within a multi-disciplinary team accountable and responsible to the clients and community served.
  - help people in their search for optimum physical, emotional and social well-being.
  - give relevant care and/or refer the client to the appropriate community resource person.
  - develop mechanisms that will ensure and facilitate follow-up procedures maintaining optimum health care delivery.
  - encourage independence through self-care of the client.
  - maintain and coordinate all data necessary for future evaluation processes.
- . A health educator able to:
  - interrelate, collaborate and communicate effectively with others.
  - correlate education to life styles of clients, the teaching environment and resources available, for meaningful learning.
  - explain the biological and environmental effects on the disease processes, their treatment, prevention and rehabilitation.
  - prepare clients to become active in their health maintenance roles.
- . A community-oriented professional able to:
  - understand the complexity of community dynamics.
  - accept that community itself is a major determinant of health care.
  - encourage the community to mobilize and use all the available resources in the development of their health needs.
  - act as a change agent in initiating health promotion programmes.



## COMMUNITY NURSING EDUCATION CURRICULUM

## 1. Courses leading to a B.A. Specialization in Community Nursing

## Required courses (66 credits)

NURS L205	Current Issues in Nursing	3 credits
HEAL L206	Applied Human Physiology	6 credits
HEAL L209	Personal Interrelations	3 credits
HEAL L212	Clinical Epidemiology and biostatistics	6 credits
NURS L301	Pharmacology for Nurses	3 credits
NURS L307	Pharmacology: The Nurse's Role in the Community	3 credits
NURS L320	Interviewing Techniques and Counselling Concepts	6 credits
NURS L323	Teaching Strategies for Health Professionals	3 credits
NURS L324	Pathophysiology	6 credits
NURS L325	Community Nutrition	3 credits
NURS L430	Community Health Nursing	6 credits
NURS L432	Primary Care: The Nurse's Role	6 credits
NURS L440	Family Structure and Health Care Delivery	6 credits
NURS L445	Nursing Practicum I	3 credits
NURS L447	Nursing Practicum II	3 credits

## Electives (24 credits)

## 2. Certificate in Community Nursing

## Required courses (45 credits)

NURS L213	Basic Nutrition	3 credits
NURS L301	Pharmacology for Nurses	3 credits
NURS L307	Pharmacology: The Nurse's Role in the Community	3 credits
NURS L320	Interviewing Techniques and Counselling Concepts	6 credits
NURS L323	Teaching Strategies for Health Professionals	3 credits
NURS L324	Pathophysiology	6 credits
NURS L325	Community Nutrition	3 credits
NURS L430	Community Health Nursing	6 credits
NURS L432	Primary Care: The Nurse's Role	6 credits
NURS L440	Family Structure and Health Care Delivery	6 credits

COMMUNITY NURSING ELECTIVES

NURS L393	Selected Topics in Nursing	3 credits
NURS L431	School Health Nursing	3 credits
NURS L433	Nursing Intervention and the Later Years	3 credits
NURS L437	Occupational Health Nursing	3 credits
NURS L495	Advanced Topics in Nursing	3 credits
NURS L497	Advanced Topics in Nursing	3 credits

HEALTH EDUCATION ELECTIVES

HEAL L201	Cell Functions in Health and Disease	3 credits
HEAL L251	Hunger in the Classroom: The Schools' Role	3 credits
HEAL L270	School Health Services Seminar	6 credits
HEAL L303	Community Dental Health	3 credits
HEAL L331	Health Professional Role in Pre and Post Retirement	3 credits
HEAL L397	Selected Topics in Health Education	3 credits
HEAL L398	Selected Topics in Health Education	3 credits
HEAL L401	Public Health Administration	3 credits
HEAL L403	The Law and the Health Professional	3 credits
HEAL L472	Special Workshop Human Sexuality	6 credits

COURSE DESCRIPTIONS (1977 - 1978)

## NURSING L205

## Current Issues in Nursing

An introductory course designed to explore at the local and national level educational and professional concepts of nursing, their similarities and differences and their influence on the changing patterns in nursing. The major intent is to illustrate the relationship between the profession, the impinging pressures to change and nursing's reaction and response to this concept. (3 credits)

## NURSING L213

## Basic Nutrition

The goal of this course is to provide instruction on theoretical and practical knowledge of normal nutrition. The course content includes: food habits and food ways; psychological, sociological and cultural effects on food habits; the world food crisis; hunger and its effects on people; major nutrients and their inter-relationships in human nutrition. The Nutrition Canada Survey assessment of nutrition status will be discussed. Nutrition during the life span ... pregnancy and lactation, growth and development, ageing and the aged will be described. Weight control, food economics, protection of food supply, food fads and fallacies will be examined. (3 credits)

NOTE: This course is not available to students who have received credit for an equivalent course.

## NURSING L301

## Pharmacology for Nurses

Prerequisite: HEAL L206 or equivalent.  
This course is designed to introduce nurses to the basic concepts of drug pharmacokinetics, as the basis for rational therapeutics. The major drug classes will be reviewed, emphasizing those drug effects that are important for the Registered Nurse in providing modern therapeutic care. Stress will be made on the importance of collaboration between professions for the better care of the patient. (3 credits)



## NURSING L307

Pharmacology: The Nurse's Role in The Community

Prerequisite: NURS L301

The purpose of this course is to apply the principles of pharmacodynamics and pharmacokinetics given in NURS L301 to individual and community health problems. The course content includes identification and discussion of major drug classes: hormones, contraceptives, psychotropic drugs, alcohol, opiates, barbituates, stimulants, hallucinogens, nicotine, antibiotics, etc. The consequences of drug use and abuse in personal, family and community life, as well as the nurse's role will be considered. (3 credits)

## NURSING L320

(Also given as Andragogy L320, Bio-PE L484 and HEAL L320)

Interviewing Techniques and Counselling Concepts

A course in which the student examines the dynamics of helping interviews, models of human effectiveness, and theories of counselling. The variety of issues to be covered include the enhancement of specific skills through different training experiences, a proper emphasis on self-understanding, an awareness of the role of philosophy, ethical standards and research. This course demands a high level of observation, participation and involvement from each student. (6 credits)

## NURSING L323

(Also given as Bio-PE L481 and HEAL L323)

Teaching Strategies for the Health Professional

Prerequisites: HEAL L209 and NURS L320, or permission of the Coordinator.

This course is designed to meet the needs of individuals who are involved in education programmes, i.e., schools, industry, clinics, volunteer agencies, in-service programmes, etc, aimed at promotion and maintenance of health, prevention of disease and rehabilitation. (3 credits)

## NURSING L324

Pathophysiology

Prerequisites: HEAL L206 or successful completion of a qualifying exam.

An applied physiology course as related to disease. The topics will cover the physiology of the red corpuscles and anemias, blood and circulation as related to heart disease, respiration, digestion, excretion, endocrines, reproduction, and the nervous system. Stress will be made on the application of physiology to the disease. (6 credits)

## NURSING L325

Community Nutrition

Prerequisites: NURS L213 or equivalent and NURS L323.

This course will apply basic nutrition knowledge to the problems of nutrition in the community. It will prepare students to act as facilitators of change in food habits and allow them to practice clinical evaluation of nutritional status through field-work under supervision. Community programmes and resources to improve nutritional status will be described. (3 credits)

## NURSING L393

Selected Topics in Nursing

Prerequisites: As determined by the Programme Coordinator. The theme and the methodology will vary according to the special interests of the professor and the needs of the students. The course is designed to provide students with the opportunity to extend their studies beyond the subjects already included in the curriculum. (3 credits)

## NURSING L394

Selected Topics in Nursing

Prerequisites: As determined by the Programme Coordinator. A student may repeat Nursing L393, provided that the content is different, by registering for credits under Nursing L394. (3 credits)



**NURSING L430**  
Community Health Nursing

Prerequisites: HEAL L212, NURS L323.

The nature of community health nursing practice requires that current knowledge derived from the biological and social sciences, ecology, clinical nursing and community organization be utilized. This course in community health nursing is concerned both with the health and the community as an interacting whole, and with the entire gamut of health care which embraces the promotion and preservation of the health of individuals, families and the community. This course includes specially designed projects and field-work in the community which provide learning experiences in relation to the overall objectives of the programme.  
(6 credits)

**NURSING L431**  
School Health Programme

The prepared course of action taken by the school in the interest of the health of the school child and school personnel. It includes health services, health instruction, and healthful school living. Emphasis will be directed toward the need for coordination of hospital, school, and community as suggested by Bill 65.  
(3 credits)

**NURSING L432**  
Primary Care: The Nurse's Role

Prerequisites: NURS L301, L324, L325.  
This course focuses on the "expanded role" of the nurse with responsibility for defined communities. It will address itself to different types of screening processes; procedures for obtaining a satisfactory and meaningful health history; and methods for making a judicious referral for definite diagnosis and management. Concentration will be on acquiring skills that lead to the determination of health status and limitations of clients wherever they are, rather than to a role of clinical management of patients.  
(6 credits)

**NURSING L433**  
Nursing Intervention and the Later Years

A humanistic study of the physiological and psychological adjustments necessary to adapt to the life-style of the changing years. An in-depth look at the need for accurate nursing assessment in order to utilize existing health resources for the maintenance of health and prevention of disease and rehabilitation where necessary. The course will allow the student an opportunity to develop realistic guidelines for home care, referral, health counselling and follow-up. (3 credits)

**NURSING L434**  
Physical Assessment for Community Nurse Practitioners

Prerequisite: Approval of the Programme Coordinator.  
This is an advanced course in physical assessment for community nurses. Emphasis is placed on the ability to recognize normal systemic functions and their relation to disease. A practicum is scheduled in various hospitals, clinics and/or health centers approved by a faculty team. (6 credits)

**NURSING L437**  
Occupational Health Nursing

This course will deal with the relation of doctor and nurse, employer and employee; management and the medical department. Also the role of the nurse today and tomorrow in our rapidly changing society. Instruction will consist of lectures, group discussion and practical applications through field-work and simulation. (3 credits)

**NURSING L440**  
Family Structure and Health Care Delivery

**Prerequisites:** NURS L430 and L432 or permission of the Programme Coordinator.  
This course is designed to study some aspects of family structure, its development through various stages of the family life cycle and its interactive behaviour within the health system. Consideration will be given to the dynamics created by the constantly changing family relationships and their effect on the community. The emphasis will be on home visiting and the nurse's role in recognizing family needs and providing appropriate nursing intervention. It will also provide an opportunity for nurses to apply their knowledge and basic skills in health promotion.  
(6 credits)

**NURSING L445**  
Nursing Practicum I

**Prerequisite:** Permission of the Programme Coordinator  
In cooperation with a Tutorial Advisor, the nurse will choose a field of interest within the health care system for field-work. The student will have freedom to choose how quickly the practicum requirements are satisfied. There will be no final exam. Students will submit a written report at the end of the term based on the learning objectives established with the advisor at the beginning of the course. (3 credits)

**NURSING L447**  
Nursing Practicum II

**Prerequisite:** L445  
In cooperation with a Tutorial Advisor, the nurse will choose a field of interest within the health care system for field-work. The student will have freedom to choose how quickly the practicum requirements are satisfied. There will be no final exam. Students will submit a written report at the end of the term based on the learning objectives established with the advisor at the beginning of the course. (3 credits)

**NURSING L495**  
Advanced Topics in Nursing

**Prerequisites:** As determined by the Programme Coordinator.  
The theme will vary according to the special interests of the professor and the needs of the students. The course is designed to provide students with the opportunity to take advantage of the special interests and expertise of a professor and to develop this knowledge and these abilities in an area not covered in the programme.  
(3 credits)

**NURSING L496**  
Advanced Topics in Nursing

**Prerequisites:** As determined by the Programme Coordinator.  
A student may repeat Nursing L495, provided that the content is different, by registering for credits under Nursing L496.  
(3 credits)

**NURSING L497**  
Advanced Topics in Nursing

**Prerequisites:** As determined by the Programme Coordinator.  
The theme will vary according to the special interests of the professor and the needs of the students. The course is designed to provide students with the opportunity to take advantage of the special interests and expertise of a professor and to develop this knowledge and these abilities in an area not covered in the programme. (3 credits)

**NURSING L498**  
Advanced Topics in Nursing

**Prerequisites:** As determined by the Program Coordinator.  
A student may repeat Nursing L497, provided that the content is different, by registering for credits under Nursing L498.  
(3 credits)



NURSING 1440

Family Structures and Health Care Delivery

Programme: This programme is designed to provide students with a broad understanding of the health care system and the role of the nurse. It is designed to provide students with the knowledge and skills necessary to provide health care to the community. The programme will include a variety of topics including: health care delivery, family structures, and the role of the nurse. The programme will also include a variety of activities including: lectures, seminars, and clinical experiences. The programme will be completed in two years. (3 credits)

#### CERTIFICATE

Programme: This programme is designed to provide students with a broad understanding of the health care system and the role of the nurse. It is designed to provide students with the knowledge and skills necessary to provide health care to the community. The programme will include a variety of topics including: health care delivery, family structures, and the role of the nurse. The programme will also include a variety of activities including: lectures, seminars, and clinical experiences. The programme will be completed in two years. (3 credits)

#### IN

Programme: This programme is designed to provide students with a broad understanding of the health care system and the role of the nurse. It is designed to provide students with the knowledge and skills necessary to provide health care to the community. The programme will include a variety of topics including: health care delivery, family structures, and the role of the nurse. The programme will also include a variety of activities including: lectures, seminars, and clinical experiences. The programme will be completed in two years. (3 credits)

#### HEALTH

#### EDUCATION

Programme: This programme is designed to provide students with a broad understanding of the health care system and the role of the nurse. It is designed to provide students with the knowledge and skills necessary to provide health care to the community. The programme will include a variety of topics including: health care delivery, family structures, and the role of the nurse. The programme will also include a variety of activities including: lectures, seminars, and clinical experiences. The programme will be completed in two years. (3 credits)

Programme: This programme is designed to provide students with a broad understanding of the health care system and the role of the nurse. It is designed to provide students with the knowledge and skills necessary to provide health care to the community. The programme will include a variety of topics including: health care delivery, family structures, and the role of the nurse. The programme will also include a variety of activities including: lectures, seminars, and clinical experiences. The programme will be completed in two years. (3 credits)

#### Purpose:

The purpose of this Certificate programme is to answer the needs of society as proposed by the Parent Report and further elaborated in the Castonguay Report. This Certificate will provide the educational foundation for effective health action in the community. It will stimulate students to assist in the delivery of social change programmes and make them aware of the socio-cultural, psycho-behavioural and educational processes that make up a health field strategy. Furthermore, the Certificate will give allied health workers the opportunity to become more effective in their work and professionally more competent.

#### Objectives:

Students will be exposed to the processes of individual and group change. The objective is to combine exposure with skill development.

KNOWLEDGE

Students will be able to:

- . comprehend how the human body functions.
- . explain the nutritional requirement of a well person.
- . recognize the consequences of drug use and abuse.
- . explain community mental health programmes.
- . understand self appraisal.
- . report on group process and citizen participation.
- . use counselling theories and interviewing concepts.
- . give examples of different leadership behaviours.
- . facilitate community development and organizational change.
- . distinguish between client centered and agency centered community services.

SKILLS

Students will be able to:

- . relate to others and communicate more effectively.
- . sharpen their interviewing and observational skills.
- . practice groups building and decision making.
- . analyse group conflict resolution strategies.
- . design, under supervision, an educational change programme.
- . initiate a nutritional survey.
- . help organize a health activation programme.
- . assist in the evaluation of outcomes.

ADMISSION REQUIREMENTS:

- a two-year pre-university programme in a CEGEP with the award of a diploma for Collegial Studies or equivalent, or
- three-year CEGEP diploma in a health-related field, or Mature Student entry, or Equivalent.

PRE-REGISTRATION:

Pre-registration is mandatory for:

1. entry into the Certificate in Health Education.
2. course selection.
3. selection of Health Education electives

Students are obliged to contact the HEALTH EDUCATION OFFICE

(Local 406) to make an appointment to see the ACADEMIC ADVISOR.



## Course leading to a Certificate in Health Education:

HEAL L208	Nutrition in the 70's	6 credits
HEAL L319	Drug Use & Abuse	3 credits
HEAL L320Z	Interviewing Techniques and Counselling Concepts	6 credits
HEAL L323	Teaching Strategies for the Health Professional	3 credits
HEAL L408	Group Structure and the Role of the Community Worker	6 credits
HEAL L410	Community Mental Health and Social Problems	6 credits
HEAL L418	Current Health Issues	6 credits
	Electives	6 credits
		<u>42 credits</u>

## Note:

Students with a Certificate in Health Education can use their acquired credits as electives in other undergraduate programmes.

A major in Health Education can be arranged through the Interdisciplinary Studies programme.

## HEALTH EDUCATION ELECTIVES

HEAL L201	Cell Functions in Health and Disease	3 credits
HEAL L206	Applied Human Physiology	6 credits
HEAL L209	Personal Interrelations	3 credits
HEAL L212	Clinical Epidemiology & Biostatistics	6 credits
HEAL L251	Hunger in the Classroom: The Schools Role	3 credits
HEAL L261	Community Health Information	3 credits
HEAL L270	School Health Services Seminar	6 credits
HEAL L303	Community Dental Health	3 credits
HEAL L331	Health Professional Role in Pre and Post Retirement	3 credits
HEAL L397	Selected Topics in Health Education	3 credits
HEAL L398	Selected Topics in Health Education	3 credits
HEAL L401	Public Health Administration	3 credits
HEAL L403	The Law and the Health Professional	3 credits
HEAL L472	Special Workshop Human Sexuality	6 credits

## HEALTH EDUCATION

## COURSE DESCRIPTIONS (1977 - 1978)

## HEALTH L201

## Cell Functions in Health and Disease

An introductory course of cell physiology relating cell function to disease. The following topics will be covered: red blood cells and anemias, blood typing and tissue matching, bacteria and immunity, genetics and hereditary disease, protozoa and parasitic diseases, viruses and viral infections. (3 credits)

## HEALTH L206

## Applied Human Physiology

Prerequisites: R.N., CEGEP Biology or Biology L201, or equivalent. A course on the functions of the human body. A detailed analysis of homeostasis from a systems approach will be given. Physiological processes as applied to clinical testing will be described. (6 credits)

## HEALTH L208

(Also given as Bio-PE L488)  
Nutrition in the 70's

This course will study the influence of socioeconomic and political systems of the nutritional status of the individual and the inter-relationship between food habits and the cultural, social and psychological aspects of life. Topics will include diet related problems such as obesity, heart disease, faulty eating habits, malnutrition. Food budgeting for all levels of the socio-economic structure will be examined. (6 credits)

## HEALTH L209

(Also given as Andr L209)  
Personal Interrelations

This course is designed to provide an orientation to the field of interpersonal relationship and human awareness, focusing particularly on relating to and working with other people. Concepts of personal growth and development will be highlighted. (3 credits)

## HEALTH L212

(Also given as Bio-PE L482)  
Clinical Epidemiology and Bio-Statistics

An introductory course on the methods of measuring the distribution and determinants of disease frequency in man. Measures of population health and health services utilization will be covered. Variability and the need of statistics will be stressed. (6 credits)

## HEALTH L251

## Hunger in the Classroom: The Schools Role

Review of evidence indicating existence of malnutrition in schools in Quebec. Followed by discussion of observable effects of hunger and malnutrition in the classroom. Discussion of various programs and approaches by the school administration, the school board, the teachers, nurses, etc. taken to alleviate the problem. Topics of discussion will include: Action for school lunches - malnutrition - learning and behaviour - nutrition education program. (3 credits)

## HEALTH L261

## Community Health Information

This course will investigate the formal and informal patterns in Health Education. This information will be applied to plan pertinent programmes that serve society. Data collected will be used in curriculum planning exercises and programme development within formal educational systems such as schools and CEGEPs in such areas as cardiovascular diseases, anti-smoking clinics, family life education. (3 credits)

## HEALTH L270

## School Health Services Seminar

The seminar will deal with current issues of school health, nationally and locally and their effect on our present school health programs. It will consider the interrelation of the school administrators, the family, community and health professionals in utilizing existing resources for a more efficient distribution of health care to school age children. The need for leadership, group participation and community cooperation in defining and dealing with priorities will be demonstrated through a medium of case studies and problem solving techniques. (6 credits)



### HEALTH L303

#### Community Dental Health

This course is designed to enlighten the student of problems associated with dental care within the community. With the help of films and audio-visual aids, we will explore the realism of dentistry and consider the importance of the Dossier, Prevention and Rehabilitation. Our approach will permit the student to encourage open discussion and seminars during lecture hours.

(3 credits)

### HEALTH L319

(Also given as Bio-PE L483)

#### Drug Use and Abuse

The course is structured to introduce non-medical personnel to the modern concepts of drug therapeutics, and to discuss the consequences of use and abuse of drugs. The drug classifications will include steroids, antibiotics, minor and major psycho-tropics and the potential chronic abuse of drugs such as amphetamines and other stimulants, barbiturates and other sedatives, hallucinogens, minor tranquilizers, opiate narcotics, alcohol and botaccho.

(3 credits)

### HEALTH L320

(Also given as Andragogy L320, Bio-PE L484, and Nursing L320)

#### Interviewing Techniques and Counselling Concepts

Prerequisite: HEAL L209 or equivalent.

A course in which the student examines the dynamics of helping interviews, models of human effectiveness, and theories of counselling. The variety of issues to be covered include the enhancement of specific skills through different training experiences, a proper emphasis on self-understanding, an awareness of the role of philosophy, ethical standards and research. This course demands a high level of observation, participation and involvement from each student.

(6 credits)

### HEALTH L323

(Also given as Bio-PE L481 and Nursing L323)

#### Teaching Strategies for the Health Professional

Prerequisites: HEAL L209 and NURS L320, or permission of the Programme Coordinator.

This course is designed to meet the needs of individuals who are involved in education programmes, i.e., schools, industry, clinics, volunteer agencies, in-service programmes, etc., aimed at promotion and maintenance of health, prevention of disease and rehabilitation.

(3 credits)

### HEALTH L331

#### Health Professional Role in Pre and Post Retirement

This course will investigate the needs, motivation, level of interest of individuals considering sex, age, education, culture, environment, socio-economic status or life experiences. It will determine the role of adequate health care, family interaction, community support, short and long term planning in dealing with the identified needs. The course will provide an opportunity for the student to investigate legal, economical and social aspects in developing programs that are realistic within our present society.

(3 credits)

### HEALTH L397

#### Selected Topics in Health Education

Prerequisites: As determined by the Programme Coordinator.

The theme and the methodology will vary according to the special interests of the professor and the needs of the students. The course is designed to provide students with the opportunity to extend their studies beyond the subjects already included in the curriculum.

(3 credits)

### HEALTH L398

#### Selected Topics in Health Education

Prerequisites: As determined by the Programme Coordinator.

A student may repeat Health L397, provided that the content is different, by registering for credits under Health L398. (3 credits)

HEALTH L401  
Public Health Administration

The basic objective of this course is to make the student aware of the administrative structure of the health care system in the Province of Quebec and elsewhere. Emphasis will be centered around the planning of health care programmes, health economics and various health administrative systems commonly used today. Case analysis will be used to study the solving of health administrative problems. (3 credits)

HEALTH L403  
The Law and the Health Professional

This course is designed for nurses, other health professionals and administrators working in various health services. The content includes an analysis of Quebec and Canadian Law, civil and criminal liability and how it affects the health workers, the legal status of a hospital corporation and a community clinic and their interior workings. This course will also provide discussions of patients' rights, informed consent to treatment, recent Canadian court decisions on malpractice and other subjects of interest to the students. (3 credits)

HEALTH L408  
(Also given as Andragogy L408 and Bio-PE L486)  
Group Structure and the Role of the Community Worker

The course is developed to assist volunteers, interested citizens, street workers, and individuals with no formal health training, but working as a part of a multidisciplinary team to identify their roles in order to play a more effective part as a community worker. Assignments will be directed toward practical applications of fieldwork to problem solving in a field of their choice: i.e. post-retirement, rehabilitation of drug addicts and alcoholics, single parents, etc. (6 credits)

HEALTH L410  
Community Mental Health

This course will explore the historical and traditional models of mental health as they relate to the more progressive model of community mental health. The intent is to gain some knowledge of topics of concern within the community: crisis and suicide prevention, how to handle specific situations such as problems in a school, industry, home and clinical setting. The course is structured for people in the helping professions: nurses, social workers, counsellors, teachers, nutritionists, etc. (6 credits)

HEALTH L418  
Current Health Issues

Prerequisites: HEAL L261

This course deals with areas selected for their epidemiological importance in the understanding of modern health problems. Implications of human ecology, pollution and environment on disease outcomes will be described. (6 credits)

HEALTH L472  
(Also given as Bio-PE L480)  
Special Workshop Human Sexuality

The course investigates "Psychological concepts of Human Sexuality as they influence Family Planning and Sex Education. The study will explore variations in sexual patterning, therapy and counselling, biological, anthropological and ontological perspectives of sexuality. Open to educators, guidance counsellors, nurses, social workers, and psychologists. (6 credits)



Visiting Professors:

Part-Time Lecturers:

Other Officers of Instruction:

Suzanne Buckley, M.D. (U. of Ottawa) and a team of physicians as Tutors.  
Montreal Children's Hospital - Director, Emergency.

Walter O. Spitzer M.D., M.H.A., M.P.H., C.C.F.P. (C) and a team of physicians  
as Tutors. Director, Family Practice Unit, Montreal General  
Hospital.

## PERSONAL PROGRESS RECORD

[illegible]

DATE OF INTERVIEW: \_\_\_\_\_ ACADEMIC COUNSELLOR: \_\_\_\_\_

INFORMATION

Gladys Lennox, Coordinator of Community Nursing - Health Education  
Programmes (482-0320, local 420)

INQUIRIES

Applicants for the Health Education and Community Nursing Pro-  
grammes must first be admitted to the university. Inquiries  
and applications for admission forms should be directed to  
JOHN CARSWELL  
Phone: (514) 482-0320, Local 407

Students admitted to the university must preregister for  
course selection with:

Cecile Labonté, S.G.M., for Community Nursing Programme  
Phone: (514) 482-0320, Local 420

Adam Lisiewicz, for Certificate in Health Education  
Phone: (514) 482-0320, Local 406